TIMETABLE B			FIELD																
	TRACK		LONG		TRIPLE		HIGH		POLE		SHOT		DISCUS		JAVELIN		HAMMER
12:30	5k/1.5k Walk												Seated Throws		U18 Men		
12:35																	
12:40																	
12:45																	
12:50			U16 Women														
12:55																	
13:00							Low Start				U14 Women						
13:05							All Ages										
13:10															Open Men		
13:15																	
13:20																	
13:25	400m Hurdles																
13:30			U14 Women														
13:35																	
13:40											U16 Women						
13:45	200m Hurdles												53m				
13:50					Open/U18 Women								Open/U18 Women		O35 M&W		
13:55																	
14:00							Medium Start										
14:05	60m						All Ages										
14:10																	
14:15																	
14:20																	
14:25																	
14:30													U16/U14 Men				
14:35																	
14:40			Open Men														
14:45	800m														U16 Women		
14:50																	
14:55					O35 M&W												
15:00							High Start										
15:05							All Ages										O35 M&W
15:10																	
15:15																	
15:20																	
15:25															U14 Women		
15:30	200m		U18 Men														
15:35																	
15:40																	
15:45																	
15:50																	
15:55											Open/U18 Men						U14/U16 Men
16:00																	
16:05																	
16:10					U16/U14 Men												
16:15	3k/5k																
16:20																	
16:25																	Open/U18 Women
16:30																	
16:35																	
16:40																	
16:45																	
16:50																	
16:55																	
17:00																	