

Athletics SA 2016-2017 - 30/11/2016 to 30/04/2017**5k Championship 30/11/2016****SA Athletic Stadium Mile End SA****Results - 5,000m Championship****Women 5000 Metre OPEN**

Name	Age	Team	Finals	Points
Section 1				
1	643	Jessica Trengove	HILLS DISTRI	16:35.22
2	855	Casey Wood	WESTERN DIST	16:44.15
3	18	Sinead Noonan	ADELAIDE HAR	17:24.46
4	162	Vanessa Alvaro	FLINDERS - SA	18:55.70

Women 5000 Metre U/20

Name	Age	Team	Finals	Points
1	180	Tamika Baynes	ADELAIDE HAR	18:47.45
2	87	Fleur Wellings	FLINDERS - SA	19:24.18
3	76	Elise Bennett	ENFIELD HARR	19:41.41
4	653	Victoria Upton	SOUTHERN - SA	21:01.50
5	655	Kitarni Upton	SOUTHERN - SA	21:29.21
6	654	Chloe Upton	SOUTHERN - SA	22:57.70

Women 5000 Metre O/35

Name	Age	Team	Finals	Points
1	33	Lisa Davis	HILLS DISTRI	18:32.06
2	804	Chantel Peacock	FLINDERS - SA	20:14.60
3	183	Cherie Rothery	HILLS DISTRI	23:45.43

Women 5000 Metre O/50

Name	Age	Team	Finals	Points
1	147	Felicity Alexander	HILLS DISTRI	24:18.62

Men 5000 Metre OPEN

Name	Age	Team	Finals	Points
1	2101	Lopez Lomong	UNITED STATES OF	14:15.53
2	42	Riley Cocks	FLINDERS - SA	14:15.96
3	44	Max Stevens	HILLS DISTRI	14:40.00
4	29	Adrian Potter	ADELAIDE HAR	14:40.46
5	9	Jacob Cocks	FLINDERS - SA	14:47.95
6	2102	McKenna Steve	ADELAIDE HAR	15:05.86
7	39	Steven Evanson	FLINDERS - SA	17:10.00

Men 5000 Metre IPC OPEN

Name	Age	Team	Finals	Points
1	37	Timon Sideris T/F2	HILLS DISTRI	18:22.69

Athletics SA 2016-2017 - 30/11/2016 to 30/04/2017**5k Championship 30/11/2016****SA Athletic Stadium Mile End SA****Results - 5,000m Championship****Men 5000 Metre U/20**

Name	Age	Team	Finals	Points
1 457 Patrick Goodwin		FLINDERS - SA	15:47.12	
2 69 Matthew Gluyas		HILLS DISTRI	15:57.34	
3 735 Cameron Clohesy		FLINDERS - SA	16:03.64	
4 86 Kieren Shepherdson		HILLS DISTRI	16:06.96	
5 838 Bailey Dyer		FLINDERS - SA	16:10.13	
6 413 Sam Tierney		HILLS DISTRI	16:14.68	
7 563 Daniel Bourke		ADELAIDE HAR	18:07.50	

Men 5000 Metre O/35

Name	Age	Team	Finals	Points
1 161 Bryn Nicholls		ADELAIDE HAR	15:54.82	
2 121 Paul Mulholland		ADELAIDE HAR	15:56.80	
3 853 Dan Searle		ADELAIDE HAR	17:01.47	
4 873 Daniel hartwig		ADELAIDE HAR	17:47.16	
5 774 Bennett Maxwell		HILLS DISTRI	17:48.31	
6 407 Adam Zur Eich		ENFIELD HARR	18:14.61	
7 332 Gordon Kanki-Knigh		ADELAIDE HAR	18:48.03	

Men 5000 Metre O/50

Name	Age	Team	Finals	Points
1 464 Mike McAuliffe		FLINDERS - SA	18:16.47	
2 303 Howard Norton		ADELAIDE HAR	18:37.08	
3 2103 Colin Ware-lane		ATHLETICS SA	21:52.36	
-- 323 Peter Sandery		ADELAIDE HAR	DNF	